

A Gratitude Attitude

BULLETIN BOARD KIT



Click any element in the mocked up bulletin board below to jump to its printable piece in this interactive PDF.
Just print, cut, and assemble to your heart's content!

A GRATITUDE ATTITUDE

Benefits of Gratitude!

Sharing gratitude helps people feel valued and appreciated, plus it's good for your health!

- A stronger immune system
- Reduced symptoms of depression and anxiety
- Better sleep
- Hope, strength, energy, wisdom, joy!
- Faster recovery from Post-Traumatic Stress Disorder (PTSD)
- Stronger bonds with colleagues
- More satisfying relationships with loved ones
- Greater resilience in the face of adversity and trauma

Celebrate with Gratitude

Save the date for upcoming events, meetings, and gatherings.

Instructions: Add important dates to the orange sheet to keep your staff up-to-date.

Gratitude Reflection

A Wambi Spotlight!

To: From:	To: From:
To: From:	To: From:

Instructions: Switch out favorite Wambis that you want to feature.

Abundance Corner

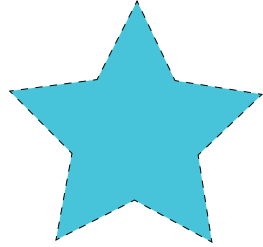
Gratitude unlocks the fullness of life. It turns what we have into enough and more. It turns denial into acceptance, chaos into order, confusion into clarity. Gratitude makes sense of the past, brings peace for today, and creates a vision for tomorrow.

Melody Beattie

A

GRATITUDE

ATTITUDE







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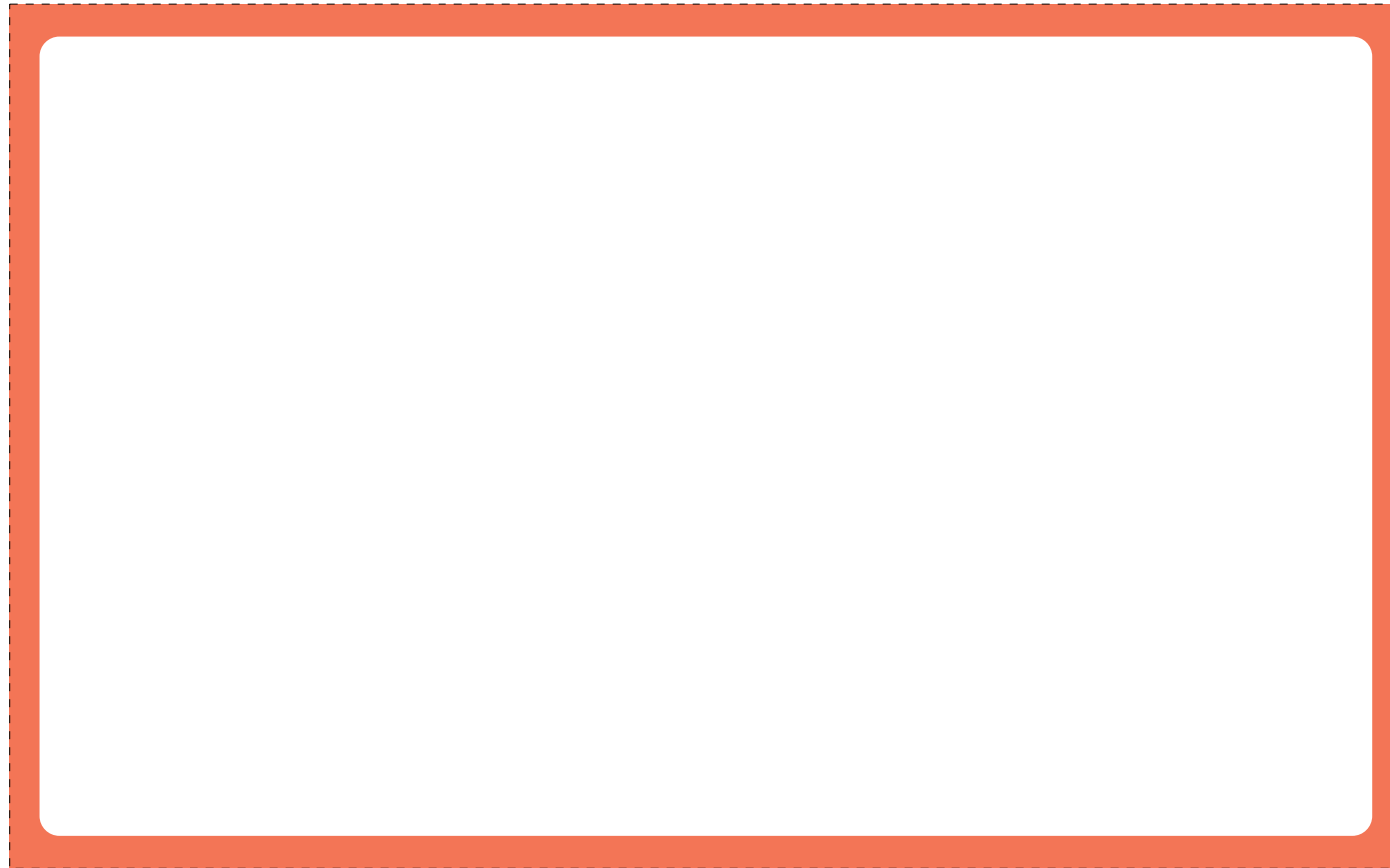
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WAMBI™

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